

# DISTRICT GAZETTE

*The Latest News from Around Your District*

SEPTEMBER 2017



Welcome to the New Members:



Stoke on Trent - Penelope Dudson



Uttoxeter - Samantha Fitchett

**Welcome to you both and I look forward to personally meeting you soon,  
at an event, a visit or a Charter.**

**DG Teresa**

Well we may not have had the best of summer weather, but there is no doubt that the Lions of 105BS have been at their best, busy fundraising and providing service at local fetes, carnivals and festivals. The man/woman hours provided by Lions must be well into the thousands, an outstanding achievement; my thanks to one and all.

Personally I have now completed my first Cabinet Meeting and found it both exhilarating and frightening in equal measure. The meeting afforded me the opportunity to ask Cabinet to accept 'One Shot, One Life' as the Annual District Charity. I am pleased to say that it was accepted, and for those who have read the letter regarding this matter, it will be easy to see the reasons for the choice. I am blessed to have the support of two excellent LCIF Officers in Graham Dow and Barry Stamper, should you wish to know more about this initiative, or indeed any matter relating to LCIF.



The meeting enabled me to make public the targets set by me for the forthcoming year, and at this point, most of you will have been made aware of them, and, matters discussed at Council of Governors, by your Zone Chairs. One of the targets that had to be set related to increasing female membership. This caused some consternation as it was quite rightly pointed out that the gender, age etc of any new member should be irrelevant. This is a completely understandable viewpoint. So why has this target been set? Well at present only 28% of Lions Worldwide are women and only 22% in Europe. This is a definite gender imbalance. The situation is that women as a group form half of the population and are overwhelmingly the group that is generally committed to humanitarian aid. That means, in this context, when we only have between 22-28% women as members, Lion as a whole loses a huge resource to help more people.



Research has shown that women prefer more 'hands on' projects as opposed to fundraising, shorter projects that are family related and involve youth. Women members bring a plethora of new ideas, different abilities and strength, as do all new members and as has already been said, more hands to help. They are also able to tackle issues that might not be so easy for men alone to deal with, such as breast or ovarian cancer.

This information was received from PDG Eva Persson, who many of you will remember was our guest at this year's Convention. LCI take

this subject very seriously and set up a group called 'More Women in Lions' who were given a 3 year mandate to look at ways of increasing female membership. There are many who still believe that Lions is an all male organisation; the message that we are inclusive still needs to be spread. As a District Governor and fellow Lion, I welcome all new members, regardless of age, gender, faith etc. It is my sincere hope that I get to meet many of them this year!

During August I shall be visiting a total of 6 clubs. This is my favourite task as DG, as I get to meet so many interesting people, all with a shared vision, and to hear about their club projects and activities.

I also had the opportunity to meet the Youth Exchange visitors in Llandudno. I cannot thank those Lions who hosted them enough. I know how much the young people appreciate your kindness and hospitality.



As a member of Buckley and Mold Lions, I spent 3 days, serving food at the North Wales Blues and Soul Festival. We were ably helped by Lions from Whitchurch and District, Market Drayton and Prestatyn and Rhyl. A wonderful example of how small clubs working alongside each other can successfully complete a project. In return, I attended a re-enactment event, with the aim of helping Market Drayton.

It was there that I met some actors, whom you might just recognise!?

Unfortunately I am unable to reciprocate the gesture at Prestatyn and Rhyl's forthcoming duck race, as it clashes with a family event.

My first Charter as DG, was held in the company of Little Orme Lions. A fantastic evening; great food, entertainment and company.....and I didn't even need to make a speech! Thanks to all the members for your hospitality.



Finally, I took some photos on my camera, of flowers in my garden.....if I can do it, anyone can! Why not give it a go and enter the Environmental Photographic Competition?



**DG TERESA**

**PS Please save your jam jars!  
All will be explained later.....**



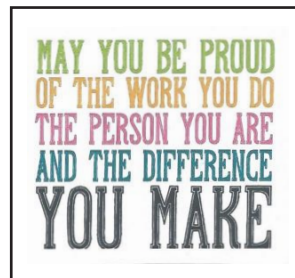
Well fellow Lions, here we are again, time flies when you're enjoying yourself it is said and for me that is exactly the case. I can honestly say I am enjoying every minute of being a Lion. I hope it is the same for you, we are a great family.

What I am seeing is the importance of "Working Together" ( I love those two words) which appears to becoming more acceptable and the realisation of its value to our family.

Some zones and clubs are really taking on board the necessity to embrace and pull together in the same direction in order to survive and do what we do best and are so good at, " Serving our communities and beyond".

The first Cabinet Meeting, with DG Teresa at the helm, was held on August 6th and I can say with confidence, there is a dedicated team of District Officers to serve you and keep the District viable and in good shape for the future.. Speaking of Cabinet, it has been said on many occasions, "They are not a closed shop just for District Officers". It is your Cabinet, so why not come along and see the wheels of our district turning. You may just enjoy it and think about becoming a future District Officer.

As far as the "Gazette" is concerned, PLEASE use it as your local newspaper to let the rest of the family know what your club, zone or individual Lions are up to, what events you have planned, invite other Clubs, zones to come along and be part of it. Sell something or ask if you require help. Editor Margaret does a fantastic job carrying on from John and works hard to get the Gazette to you. Please support her with your articles, Photos etc.



Finally VDG Steve's Weird Bit. "YOU CAN'T HUM WHILE HOLDING YOUR NOSE"  
TRY IT!

VDG STEVE TALBOT

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**A Life Saved by a Lions Bottle?**

Many Lions Clubs across the British Isles are involved in the 'Message in a Bottle' scheme. The scheme is a simple idea designed to encourage people to keep their personal and medical details or problems on a standard form and in a common location, namely the refrigerator. Why in the fridge? A fridge is an easy place for emergency services to locate when arriving in a strange house.

Although Lions donate the bottles to numerous vulnerable members of the general public, clubs rarely learn if the bottles save lives. Imagine then how pleased Stafford Lions Club were to receive an email from Nicola. Three years ago she became a housing officer at a sheltered housing complex. Stafford Lions Club had donated some 'Message in a Bottle' bottles to a colleague of hers at their Head Office. There was one bottle left over and she took it home, put it in place and hadn't given it another thought.

Recently she suffered a bee sting to which she is extremely allergic and she immediately collapsed. By sheer chance, due to a break in to her garden shed, the police were at her house. Fortunately, the police officer went into her house, saw the fridge sticker and found the notes and her epi-pen and was able to immediately administer the adrenaline.

She thanked the club as she believes that her life was saved by Message in a Bottle and that 'such a simple idea makes a massive difference'. On returning to work she contacted Stafford Lions asking them for supply of MiaB bottles for the most vulnerable inhabitants at her care home.



**Lion Dave Lewis  
Stafford Lions**

**Does your Club support the Message in a Bottle Scheme? Let me know how many outlets and we can tot up how many in the District. The Editor**



## ACROSS THE WATER

Background: Our daughter Catrin became friends with Nadine when they were teachers in Bangor-on-Dee. Nadine is back in France and when Catrin holidayed there over Easter she met 2 of Nadine's friends. The three holidayed with Catrin and because Nadine refers to us as her Welsh parents came to see us on Monday. It was arranged for Friendship banners to be exchanged ...the following will I hope give you full details.

This has already been translated to French and Lion Marie-Helene hopes to get it published in their Newsletter. Here goes...

The Menai Suspension Bridge was built by Thomas Telford, started in 1818 and completed on 30 January 1826. It now connects the UK mainland with the Isle of Anglesey.

The photograph shows Sandrine Rivero, daughter of 2nd year VDG Lion Marie-Helene Rivero of Ozoir-La-Ferriere Club, Ile de France Region accepting Anglesey Central Lions banner from Lions Bill Thomas and Gwilym Pritchard with the Menai Suspension Bridge in the background.



Anglesey Central Lions has an image of the bridge on their Friendship Banner and see it is as a symbol of what the Lions do worldwide - bridging the gap to help those in need.

Interestingly the location is 1 mile from Llanfair PG, the village with the longest name in the world, some 3 miles from the ancestral home of King Henry Tudor which is still occupied and 300 yards from Lord Nelson's statue, exact copy of the one in Trafalgar Square but cast in concrete.

How many other Clubs have a symbolic image that shows what Lions do. i.e. not Tramway of Llandudno and the plaster cast of Tenerife South whose mother Club was Portmadog. Something to ponder over?.

**GWILYM PRITCHARD  
ANGLESEY CENTRAL**

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**ARBORETUM**

Here is a picture of the Lions 'corner' of the Lions shelter at the National Memorial Arboretum, photographed 10th August, hopefully showing the new, 2017 'In Memorium' poster installed today, replacing the poster of 2015 vintage.



**GEOFF TREVENA  
TAMWORTH**



**ROMILEY & MARPLE**

1st VDG Steve`s first Club visit of the new Lions` year saw him at Romiley & Marple Lions Club. Pictured are Club President Bill Spencer and Steve exchanging banners.



Steve said “It was real a pleasure and an honour to be welcomed by the members of such a happy, friendly and active club. Thank you Romiley & Marple for your hospitality. Visiting our clubs is the most enjoyable role to undertake as a member of the DG Team and I am looking forward very much to all the visits on my schedule.”

**VDG STEVE TALBOT**



**SECOND LIFE-SAVING PROSTATE SCREENING EVENT IN MADELEY**

Plans have been announced for a second prostate cancer screening event in Madeley on 26th March 2018, following the massive success of one staged in March this year.

This year`s event, which was staged by Ironbridge and Severn Gorge Lions with assistance from Ironbridge Rotary Club, originally aimed to cater for 200 screenings. A high level of enquiries received from run-up publicity, however, resulted in additional testing kits being ordered. In all, 412 men were tested with 60 showing abnormal PSA results.

Of the 60 men who tested abnormally, 39 were flagged for urgent referral. One of those was Harold Taylor from Coalbrookdale who was advised to make an urgent appointment with his GP for referral. Harold saw his GP on 2nd May and had an initial consultation at PRH on 10th May. On May 25th he underwent a biopsy and two weeks later he was diagnosed with 60% high level cancer of the prostate. He then underwent MRI and bone scans to ascertain whether the cancer had spread, which fortunately it had not.

Harold`s wife, Jackie, said: “My brother died just this month from terminal prostate cancer which had spread to his bones and liver. Tragically this awful disease rarely has any visible symptoms until it is too late. Harold had no symptoms, yet the consultant said he had probably had the cancer for six months before he was tested.

“Currently there is no national screening programme for prostate cancer even though it claims the lives of one man every hour in the UK and in Shropshire 250 men are diagnosed with the disease every year. Because of this and because of my brother, I insisted Harold go and get tested when we saw that Ironbridge Lions were offering free screening.”

Ironbridge Lions Club gained the support of retired Consultant Urological Surgeon, Mr David Baxter-Smith, for the screening event, who gave his time free of charge to organise the tests. Members worked for almost twelve months to raise the money for the purchase of the £15 testing kits and associated results` administration costs.

“This was without doubt one of the most worthwhile projects Ironbridge Lions has ever undertaken,” said Lions President Charlie Miller. “We took a risk and emptied our bank balance by ordering the additional kits at the last minute, but it was a job well done and hopefully the 30-40 men who were flagged for referral will have been diagnosed early enough to be cured.

Harold Taylor will begin eight weeks of radiotherapy for his prostate cancer in October, after undergoing a course of hormone therapy treatment to reduce the size of the tumour. Speaking today, Harold`s wife, Jackie, said: “We cannot praise our Shropshire cancer Consultants, health staff, clerical, x-ray, outpatient facilities enough. Everyone has been so accommodating and kind. But at the end of the day Harold`s diagnosis was all down to our fantastic Lions of Ironbridge, because without the PSA test this aggressive high grade tumour would not have been detected until Harold`s cancer had advanced and was showing symptoms of being metastatic cancer.”



Lion President Charlie Miller said: “It was clear after the screening results came back that we needed to repeat this event and we have now booked the Anstice Hall in Madeley on 26th March 2018 for that purpose. Fundraising is already underway as staging the event costs in the region of £6,000.”

Anyone wishing to make a donation to Ironbridge Lions for the March 2018 prostate cancer screening event can make contact at [www.ironbridgelions.org](http://www.ironbridgelions.org) or by telephoning 0845 833 9516.”

*Attached image is from last year`s screening event. One of the first to get tested was former world boxing champion, Richie Woodhall, whose father Len died after an eight-year battle with the disease. He is seen outside the venue with Julie Rich, one of the volunteer nurses who took blood samples for the screening tests.*

**ELAINE BRADBURN  
IRONBRIDGE-SEVERN GORGE**

## LIONS' GIFT BRINGS 'BREATH OF FRESH AIR' TO MS SUPPORT CENTRE

A Wolverhampton therapy centre that provides hyperbaric oxygen treatment to patients across Shropshire, Staffordshire and the West Midlands has received a financial boost from an Ironbridge based charity group.

Members of Ironbridge Lions club, who raised the money through one of their famous 'Silver over the Bridge' collections, were given a tour of The MS Therapy Centre at Meadow View Wharf, Tettenhall, when they presented the centre with a cheque for £400 last week.

Ironbridge Lions started their 'Silver over the Bridge' collections more than thirty years ago, getting visitors to place coins on tape laid across the famous Iron Bridge for charity on designated summer Sundays. They decided to support the MS Therapy Centre after a relative of one of their members received treatment there to ease the symptoms of her multiple sclerosis.



As well as treating people with multiple sclerosis, oxygen therapy at the centre is available to sufferers of cancer, stroke, diabetes, fibromyalgia, ME, sports injuries and other neurological and medical conditions. Physiotherapy, acupuncture, pilates, reflexology, aromatherapy and massage are also on offer at the centre.

After being presented with the Lions' cheque by club president, Charlie Miller, centre manager Susan Husband said: "The MS Oxygen and Therapy Centre is run entirely by volunteers. Despite the proven benefits of high level oxygen therapy for MS

and other sufferers we get no financial support from either the NHS or the Government. It costs £150,000 per year to keep the centre going and we constantly need new volunteers as well as financial support. We are hugely grateful to Ironbridge Lions for their donation. Others wishing to support us or wanting further information should get in touch on 01902 744888 or through our Facebook page."

*Attached image : Charlie Miller (President, Ironbridge Lions) presents cheque to Susan Husband (MS Oxygen and Therapy Centre)*

## SHROPSHIRE STAR TEDDY APPEAL HAILED A HUGE SUCCESS

Following an appeal put out through the Shropshire Star a local charity group has been swamped with soft toys for its tombola stall.

Members of Ironbridge Lions travelled from Kingswinford to Shrewsbury, collecting toys that were donated by generous readers. The collection, which filled the group's box trailer, is likely to keep children happy at local events for the next couple of years.

Lion John Marsh, said: "Every time we put out an appeal for unwanted soft toys in good condition we are amazed by the response from the public, but this collection I think has topped all previous ones with its success. Thank you, Star readers!"



**ELAINE BRADBURN  
IRONBRIDGE-SEVERN GORGE**



**ENVIRONMENTAL MONTHLY NEWS.**

Articles about Environmental.  
This month's first article how beneficial trees are.  
Second article focuses on UK native butterfly Comma.  
Link for Lion Environmental Newsletters  
<http://www.lions105bs.org.uk/>  
Access under heading Community Projects, scroll down on  
drop down menu displays  
Environmental Newsletters.  
Click on Environmental Newsletters Heading.  
Displays Monthly editions news-letter  
Click on appropriate download  
edition newsletter access information



**CHRISTOPHER EVANS  
DEPUTY MD ENVIRONMENTAL OFFICER**

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**LIONS CLUBS INTERNATIONAL FOUNDATION.**

To All Clubs, Please note that all donations to LCIF should be sent to your respective coordinator.

Zone North Clubs in Zones A B C D & E, to LCIF North Lion Barry Stamper

Zone South Clubs in F G H & I to LCIF Coordinator Lion Graham Dow

All cheques should be made payable to LCI MD105 Appeal Fund and must be endorsed on the reverse as to Where you wish to donation to be directed.

Please remember also that there are only 4 categories that will attract MJF credits

The Measles campaign being one of them.

All queries should be directed to your LCIF Co-ordinator, thanks very much for your continued support.

**GRAHAM DOW  
LCIF OFFICER (North)**



**Measles Appeal**  
(LCIF)  
Fellow Lions this year the (DG's) District appeal is the Measles One Shot One Life campaign. Would all clubs please consider supporting this appeal? Every year thousands of children lose their life to Measles in third world countries. Together with Bill Gates of Microsoft fame we can prevent this happening.  
  
Donations should be made to LCI LCI MD105 Appeal Fund and endorsed on the reverse as Measles Campaign.  
  
Clubs in Zones A B C D & E send your donation to  
Lion Barry Stamper  
barrystamper@btconnect.com  
  
Clubs in Zones E F G & H please send donations to  
Lion Graham Dow  
grahamandpatdow@hotmail.co.uk

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**EDITOR'S NOTE COPY DATE FOR THE NEXT ISSUE IS 22nd SEPTEMBER.**  
**Please send your copy as Word Documents, it doesn't matter what font is used.**  
**Pictures and Emoticons to be JPEG format please.**  
**I will be away in September so, depending on WiFi, you may not get an acknowledgement.**

## GNOSALL & NEWPORT LIONS NEWS

I can report that the newly named Club is really starting to become very active since we joined forces in that we have held a number of fund raising events such as the Newport Show, assisted in hosting in excess of 450 Special needs youngsters at Foxfield Railway, held our Presidential Handover BBQ where I took over from Stuart Powell as Club President for the next 12 months. These have all helped to gel us both together and we are working very hard as a group.



1. Past President Lion Stuart Powell preparing to hand over the presidential Chain of Officer to the incoming President Lion Rick Talbot
2. Rick checking the details overlooked by Lion Andy Burns MJF and Lion Secretary John Slynn.
3. Lion Andy Burns MJF handing over the Newport badge of Office to Rick

Coming up we are getting out of the area a bit in that a number of us are going up to Bramhall Lane, the home of Sheffield Utd. FC to assist in stewarding at the opening of the Special Olympics. This is followed by us joining local Rotary Clubs in assisting in clearing up after the V Festival at Weston Park. As Gnosall Lions we have done this for a number of years where we collect up on the Monday following the event discarded tents, sleeping bags etc, etc which are sent to a Christian Aid Agency for use in the Third World, for the homeless etc. The following morning Tuesday, we repeat this but this time collecting items for use locally, for the use of local Youth and homeless groups. Please feel free to contact us if any of these items may be of use. It is so sad that after all of us vacate the site on the Tuesday lunchtime then anything left is consigned to landfill.

We then recommence our monthly Afternoon Tea Dances at Gnosall Memorial Village Hall on Tues 12th September, after the August recess a bargain at £4-00 with lovely food and great music which is proving extremely popular.

Socially we have held a previously mentioned our handover BBQ in July, been for a meal at the Navigation Inn in early August and are visiting the Mikron Theatre at the Anchor in High Offley as they pass through in September. It is not all work as we have a varied Social calendar planned until early 2018.

Next month I shall also be giving details of a Prostate Cancer Check Evening we are holding in Newport, and one that all men should attend. It is so important and we a number of gentlemen in the past have been so pleased that they attended for obvious reasons.

### RICK TALBOT

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**TRAVELLING LION**  
**Welcome Burntwood and Hednesford Centennial to the Travelling Lions 'family'!**

|                           |            |
|---------------------------|------------|
| STOKE ON TRENT            | 69         |
| WILMSLOW                  | 58         |
| LLANDUDNO                 | 42         |
| TAMWORTH                  | 31         |
| CANNOCK                   | 30         |
| ELLESMERE PORT & DISTRICT | 25         |
| TELFORD                   | 18         |
| NEWCASTLE                 | 16         |
| STAFFORD                  | 16         |
| LEEK                      | 14         |
| UTTOXETER                 | 14         |
| HEDNESFORD CENTENNIAL     | 10         |
| PRESTATYN AND RHYL        | 10         |
| RUGELEY                   | 8          |
| BURNTWOOD                 | 7          |
| BEAUMARIS MENAI ATHWY     | 6          |
| STONE                     | 6          |
| SALE AND DISTRICT         | 3          |
| BUCKLEY AND MOLD          | 2          |
| GNOSALL                   | 2          |
| URMSTON                   | 2          |
| ALSAGER                   | 1          |
| CHEADLE                   | 1          |
| <b>TOTAL</b>              | <b>391</b> |

Please be aware that all forms should be received by me within 21 days of an event.

I regret that I had to reject 2 forms from a club recently, as they had not been received by me in time - why not e-mail them to me, by scanning or photographing them, to save time and postage!

**email: pam.trevena@gmail.com**  
**Tel: 01827 706 591**  
**4 Morston, Dosthill, Tamworth,**  
**Staffordshire, B77 1PP**

**Happy travelling!**  
**PAM TREVENA**



# Centenary News

## A reminder of the targets we set out to achieve across our Multiple District by Dec 13st 2017.



Please include your club's participation on your MyLCI report, details below.

- Plant 100,000 trees and 100,000 bulbs
- Recycle 1,000,000 pairs of spectacles, 10,000 hearing aids and 1,000,000 batteries
- Fund 100,000 measles vaccinations
- Run sessions for 100,000 prostate screenings and 100,000 diabetes screenings
- Make 100,000 befriending calls to the elderly and donate 100,000 pints of blood
- Walk, swim or run for a good cause
- Feed 100,000 hungry people
- Use LEHP to refer 100,000 for sight tests
- Encourage young people to give 100,000 hours of service via YLIS
- Clear 100 miles of paths
- Sponsor training for 14 hearing dogs (2 in Ireland, 1 each in other districts)

A number of these have already been achieved but that is no reason to stop work on them.

To enable us to keep track on how we are making progress against the targets numbers for centennial activities please report as part of your club's activities report. It is very simple.

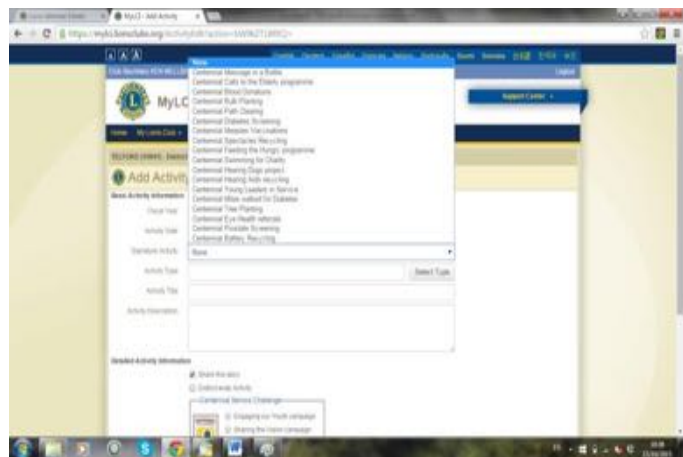
Go to MyLCI then to MY Club

Select Service Activity

Select Add activity

Select signature project – then a drop down menu will list all the MD targets

Select from the list and enter details then save



It is possible to add activities that have been completed but not reported in earlier months- in the date box select the back arrow.

Please remember to let us know what your club is planning/has done for the centenary.

For more information contact District Centennial Chair PDG Shirley Vaughan